



*Gentle Yoga
at
The River Bend
Municipal Building*

*51 Shoreline Drive
River Bend, NC 28562*

All are Welcome

*Certified
Yoga
Instructor:
Sam Love*

Thursdays

9:00-10:15 a.m.

Fee

\$50 for 10 classes

New Session

August 20th-October 22nd

Dates:

*8/20, 8/27, 9/3, 9/10, 9/17,
9/24, 10/1, 10/8, 10/15, 10/22*

*Class size limited to 15 participants.
Interested? Call Linda Cummings at
[252-288-4347](tel:252-288-4347)*

Sponsored by Parks & Recreation

