



*Gentle Yoga  
at  
The River Bend  
Municipal Building*

*51 Shoreline Drive  
River Bend, NC 28562*

*All are Welcome*

*Fridays*

*9:00-10:15 a.m.*

*Fee*

*\$50 for 10 classes*

*New Session*

*March 6<sup>th</sup>- May 15<sup>th</sup>*

*Dates:*

*3/6, 3/13, 3/20, 3/27*

*4/10, 4/17, 4/24,*

*5/1, 5/8, 5/15*

*Class size limited to 15 participants.  
Interested? Call Linda Cummings at  
[252-288-4347](tel:252-288-4347)*

*Sponsored by Parks & Recreation*



*Certified  
Yoga  
Instructor:  
Sam Love*